# threshold

## REGISTRATION IS NOW OPEN!



Envision's 5th Annual Go the Extra Mile Walk

Presented by USI!

Saturday, September 28, 2024

10am – 1pm | Winton Woods

This year's walk will be Saturday, September 28th at Winton Woods from 10am–1pm. It will have all the classic walk elements – a scenic walk route, a festival with games and activities, an inflatable obstacle course, door prizes, raffles, music, food, vendors, and lunch by Outback Steakhouse. We plan to have the mini therapy horses back again to greet you when you return from your walk. This year will also include the Momentum Refresh van, a fully accessible universally designed

mobile restroom on-site.

**Calling all runners!** We will also be introducing a new timed 5K race option (in ADDITION to the walking option) for those who would like to run the course, so get your group and start training now. Runners will be charged a small fee to cover race timing services.

Spend a great day at the park with your friends and help us provide services for individuals in our community that need them!

The event is free, but registration is required. Please scan the QR code or visit: <u>envisionohio.org/events</u> for more information and to register today.

Follow us on Facebook at <u>facebook.com/envisionohio</u> to stay up to date on all the latest information and announcements!

Come walk, run, and roll with us for a great cause! Form teams, raise money, and compete to earn prizes.

You can join the Envision team as a single participant or create a team of your own with family, friends and colleagues. Corporate teams also welcome!

This event is open to all and has fun for all ages so be sure to invite your family, neighbors, and friends to a day filled with unforgettable friendship and fun.

Register today: envisionohio.org/events



# Let's Grow Together





#### **CITE Families Gather for** Mother's Day Crafting Event

Thanks to the donation from Clarke Power Services, we celebrate the return of our CITE Services community events.

In December 2023 Envision was presented with a \$25,000 donation from Clarke Power Services after being selected as a recipient of their 2023 Annual Charity Donation. Envision was nominated by Clarke employee Kathy Neubauer, wife of Envision Maintenance Technician, Andy Neubauer.

Staff from Clarke Power Services visited Envision's campus in December to present the big check and tour our campus. After learning about our programs, Clarke expressed that they would love for their donation dollars to benefit children, specifically CITE services.

Envision's CITE Services is a strengths-based and holistic homevisitation program that partners with families to help children and young adults grow and thrive by providing in-home life skills coaching with their child.

Prior to the pandemic, CITE Services held seasonal family gatherings where program participants could come together for enrichment activities and community support. Isolation among parents and children with physical and developmental disabilities can create severe hardships. Having these gatherings to look forward to gave families a greater sense of community, which in turn offered a stronger feeling of belonging.

CITE Program Supervisor, Miranda Kaye shared, "Our families don't always have a lot of opportunities to go into the community for outings in a safe place where their family is 100% accepted. Envision is a place where individuals can be completely themselves and parents don't need to feel embarrassed or worried if there are unexpected behaviors while they're here."



families are encouraged to RSVP early.

# Creating Safe, Therapeutic Spaces

"I think the expanded lobby will be a particularly nice feature of the remodel, giving clients a roomier and more comfortable place to wait for their appointments. Just the overall freshening up and deinstitutionalization of the appearance of the building will be great." **Health Services** 

Envision is thrilled to announce that in February 2024 we were awarded a grant from Millstone Fund for our project **Creating Safe Spaces: Elevating Therapeutic Services for People with DD**. The goal, to aid in providing people with developmental disabilities with the dignity of care they both want and deserve by providing a therapeutic space that empowers them to feel safe, improving and enhancing outcomes that elevate their quality of life.

Envision's Mental Health Program continues to grow and thrive - serving over 200 people annually with sound results and high levels of satisfaction. As one of only a few agencies in Southwest Ohio to offer mental health services to people dually diagnosed with a developmental disability and a mental health disorder, our staff are well equipped to provide care for people with complex needs and have developed essential skills for success that only hands-on experience can provide.

However, as many of you know, Envision was established in 1963 as a residential home for children with developmental disabilities. As such, the buildings on campus were constructed to primarily serve as dormitories. Although some renovations have occurred over time, the general condition and aesthetic of the Mental Health Services building remains relatively true to its origin. Because of this, the building contains certain elements that are now obsolete, and perhaps even challenging to the intended therapies.

Statistically, people with developmental disabilities are significantly more likely to experience trauma than those without a developmental disability. They are often exposed to unhealthy environments and situations, resulting in an increased susceptibility to a variety of abuses. Many of the design elements incorporated into the original construction could potentially trigger trauma responses in people who have experienced such abuses including the use of materials that are synonymous with institution such as cinder block walls, ceiling tiles, and fluorescent lighting.

Envision is renovating our Mental Health building to eliminate the likelihood of trauma response, to make it more welcoming, and to engage the senses. Key elements of the renovation include improved lighting, eliminating



harsh materials, like cinderblock walls with softer materials, expanding the waiting room area, creating a community kitchen area for programming, and replacing worn/outdated furniture.

David Levine, Director of Mental Health Services, shares, "I think the expanded lobby will be a particularly nice feature of the remodel, giving clients a roomier and more comfortable place to wait for their appointments. I'm also really looking forward to having new windows and blinds throughout the building. Just the overall freshening up and deinstitutionalization of the appearance of the building will be great."

With therapeutic services continuing while the project is currently under way, David adds, "Therapy sessions have been challenging, particularly when the work was happening in adjacent therapy rooms. Now that the work has moved to the lobby, it's a minor inconvenience really. Our clients have been remarkably resilient around the changes and challenges."

Take a look at our newly completed sensory room and be sure to follow our social outlets for updates and more before and after photos. We believe these changes, though physical in nature, will have an impact that reaches far beyond ensuring Building 2 is structurally sound. They will create a safe and nurturing environment that serves as a strong catalyst for real and lasting growth, providing the people with developmental disabilities who engage in our therapeutic services the respect and dignity of care they deserve.

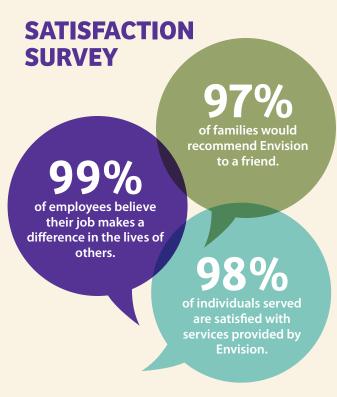


## 2023 Annual Report



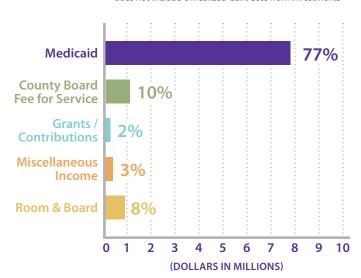
CITE: 283
Mental Health Services: 204
Supported Living: 70
Family Living: 48
Day Program 23
Respite 10



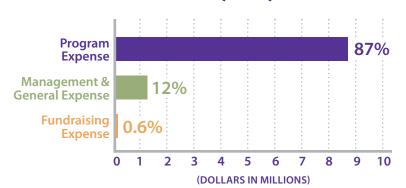




\*does not include Unrealized Gain/Loss from investments



#### **% EXPENSE BY TYPE** \$10,219,021





#### With Much Gratitude for Our 2023 Donors

Diane Huddy

\$25,000+ Estate of Stuart Warshauer

\$10,000 - \$24,999 Good Shepherd Foundation

\$1,000 - \$9,999 Adele Lippert Bartlett Wealth Management Blue & Co **ERP Suites** Finding Hope Consulting, LLC General Electric Employees' Community Service Fund John Shepherd Kemba Credit Union Mandy Moorman Mullaney's Pharmacy and Medical Supply/ Guardian Pharmacy Northgate Tire Peter Keiser Robert Lucke Group Susan and Philip Pahner Thomas and Dianne Wygle Thomas and Jeannine Imhoff

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### Go the Extra Mile Walk \* Run \* Roll

Presented by USI

Saturday, September 28, 2024 | 10am -1pm | Winton Woods Kestrel Shelter

Register today at envisionohio.org/events









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